**Subject routeway**

Subject: Physical Education (PE)

1. Curriculum intent

Unity Community Primary School recognises the value of PE (Physical Education) as a subject that has a significant impact on the physical, social, emotional and intellectual skills of our students, including improved: leadership skills, communication skills, tolerance, independence, co-operation, loyalty, fairness, respect, and responsibility.

We follow the aims of the Statutory Framework for EYFS and the National Curriculum for physical education to ensure that all children:

* Develop competence to excel in a range of physical activities
* Are physically active for sustained periods of time
* Are given opportunities to engage in competitive sports and activities
* Lead healthy, active lives
* Are encouraged to use their creative skills
1. Implementation

PE is taught at Unity Community Primary School as a subject in its own right.

In Reception, children have opportunities to use our outdoor area to develop their core strength, stability, balance, spatial awareness, co-ordination and agility. Natural climbing equipment in the Reception outdoor area has been carefully planned to offer a level of risk and challenge for the children.

Across our school, we are supported by the Manchester United Foundation. The coaches work in schools every Monday and Tuesday providing CPD opportunities for all staff, and providing extra-curricular opportunities for children to become Eco-Warriors or Sports Leaders.

Year 1 to Year 6 children have 1 outdoor lesson and 1 indoor lesson each week. In EYFS-Y3 our PE curriculum is skills based, working on fundamental movement skills, fitness and various ball skills. In Y3-6 we follow a games-based curriculum, where children learn to apply the skills they have learnt in KS1 to various sports, such as football, basketball and cricket. In our indoor PE lessons, all children complete a full term of Dance and Gymnastics and a half-term block of Yoga lessons.

We teach lessons so that children:

* Have fun and experience success in sport
* Have the opportunity to participate in PE at their own level of development
* Develop good sporting attitudes
* Understand basic rules
* Experience positive competition
* Learn in a safe environment
* Have a foundation for lifelong physical activity, leaving primary school as physically active

We use *Get Set 4 PE* to plan our lessons. Progression is built into the scheme which ensures our children are increasingly challenged as they move through the school. Children in Year 4 take part in swimming lessons run by the local swimming baths with the main aim of being able to swim 25m confidently.

In Year 5 and 6, children are invited to out of school competitions to compete against other local primary schools in our targeted sports (Football, Basketball, Cricket and Athletics). We offer after-school clubs to support the development of these competitive teams, with Manchester United also running a KS1 and KS2 multi-skills after school club to support children in developing their skills.

1. Impact

Teachers monitor the progress of children in all PE lessons. As a school, we have clear expectations of what the pupils will know, understand and be able to do at the end of each Key Stage. Teachers use Get Set 4 PE assessment tracker to help assess children. We ‘assess by exception’, so the tracker helps teachers identify those children who still need support in meeting the expectations for those units. These trackers help to show teachers which children still need additional support when completing the relevant PE unit in future years. Children in Year 4 get assessed against the 3 swimming benchmarks.

1. Inclusion

At Unity, we believe that all children can take part in physical education. We include all children in PE by using the STEP approach to meet the needs of the learner:

* SPACE: changing distance, height, size, location
* TASK: changing rules, roles, progressions, conditions, complexity
* EQUIPMENT: changing what is being used to suit the learner
* PEOPLE: changing groupings or how the children play together

Our SENDCo provides teachers and SEN support staff the relevant details to support specific children in PE wherever appropriate.

1. Professional development

We use the scheme *Get Set 4 PE*, which provides the necessary resources and delivery information, to support teaching. All staff are provided with at least one block of CPD in an area of their choice from the Manchester United foundation each year. Our PE subject leader also has access to the TeamMCR network, to provide them with additional subject leader CPD and has regular communication with other subject leaders across the local area.

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